

Kerala Ayurveda Lower Back Pain Package – KAP-LB01

06 Nights / 07 Days Kerala Ayurveda Lower Back Pain Package at Cardamom County Resort, Thekkady (Periyar)

Day 01

Arrival at Cochin
Transfer to Thekkady (travel time -05 hrs)
Check into Cardamom County Resort
Rest & Relaxation
Consultation with the doctor
Overnight stay at the deluxe resort

Day 02

Ayurveda Programme
Day at leisure
Overnight stay at the deluxe resort

Day 03

Ayurveda Programme
Day at leisure
Overnight stay at the deluxe resort

Day 04

Ayurveda Programme
Day at leisure
Overnight stay at the deluxe resort

Day 05

Ayurveda Programme
Day at leisure
Overnight stay at the deluxe resort

Day 06

Ayurveda Programme
Day at leisure
Overnight stay at the deluxe resort

Day 07

12noon – Checkout of the resort
Transfer to Cochin (travel time -05 hrs)
Drop at Airport /railway station
Departure

Price : Rs.99,550 / EUR 1716 for TWO Persons in Periyar Cottage - **For Travel dates till 30 Sep 2010**

Price : Rs. 84,250 / EUR 1453 for ONE Person in Periyar Cottage - **For Travel dates till 30 Sep**

2010

Price : Rs.1,17,300 / EUR 2022 for TWO Persons in Periyar Cottage - **For Travel dates from 01 Oct 10 to 31 Mar 2011**

Price : Rs. 98,950 / EUR 1706 for ONE Person in Periyar Cottage - **For Travel dates from 01 Oct 10 to 31 Mar 2011**

The package cost is inclusive of the following :

Accommodation

Breakfast, lunch & dinner at the resort (Special Ayurveda vegetarian diet),

Ayurveda treatments

Arrival and departure transfer in an A/c Car

All applicable taxes.

these rates are not valid from 20 Dec 10 to 10 Jan 2011

The treatment consist of Thalam, Relaxation massage, Medicated Steambath , Oushadasnanam, Pizhinju Thadaival , Mrudu Virechanam , Kativasthi, Abhyangam, Ela Kizhi, Podi Kizhi, Steam Bath , Sarvoushadha Snanam etc ...

NB: Treatments will be fixed only after the consultation with the doctor on arrival.

The pick-up & drop shall be at Cochin (Kochi)

25 % of the total package cost has to be deposited as advance payment, on confirmation of the package, and the balance payment, while in kerala. Payment can be made by Cash/ Cheque / Demand Draft

Mobile Helpline nos:

[09:30 Hrs - 18:00 Hrs IST / 08:00 Hrs - 13:00 Hrs GMT] – **Week days only**

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[09:30 Hrs - 22:00 Hrs IST / 08:00 Hrs - 18:30 Hrs GMT] – **All days**

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