Kerala Ayurveda Rejuvenation Package – KAP-R02

06 Nights / 07 Days Kerala Ayurveda Rejuvenation Package at Estuary Island Resort, Poovar

Day 01
Arrival at Trivandrum
Transfer to Poovar (travel time -45 mins)
Boat transfer to Estuary Island Resort
Check into the Resort
Rest & Relaxation
Consultation with the doctor
Overnight stay at the deluxe seasideisland resort

Day 02
Ayurveda Programme
Day at leisure
Overnight stay at the deluxe seaside island resort

Day 03
Ayurveda Programme
Day at leisure
Overnight stay at the deluxe seaside island resort

Day 04
Ayurveda Programme
Day at leisure
Overnight stay at the deluxe seaside island resort

Day 05
Ayurveda Programme
Day at leisure
Overnight stay at the deluxe seaside island resort

Day 06
Ayurveda Programme
Day at leisure
Overnight stay at the deluxe seaside island resort

Day 07
12noon – Checkout of the resort
Transfer to Trivandrum (travel time -45 mins)
Drop at Airport /railway station
Departure

Price : Rs. 63,700 / EUR 1062 for TWO Persons in an A/c Estuary Garden Room - For Travel dates till 30 Sep 2011

Price : Rs.45,850 / EUR 764 for ONE Persons in an A/c Estuary Garden Room - For Travel dates till 30 Sep 2011
Price : Rs.69,500 / EUR 1158 for TWO Persons in an A/c Estuary View Room - For Travel dates till 30 Sep 2011
Price : Rs. 51,550 / EUR 859 for ONE Person in an A/c Estuary View Room - For Travel dates till 31 Sep 2011

The package cost is inclusive of the following:
Accommodation ,
Breakfast , lunch & dinner at the resort (Special Ayurveda vegetarian diet) ,
Ayurveda treatment,
Boat transfers at the resort ,
Arrival and departure transfer in an A/c car
All applicable taxes .

The treatment consists of Rejuvenation Massage, General Massage, Cream Massage, Sirodhara, Rejuvanating Body pack , Medicated Steam Bath , Njavarakizhi etc …
Duration:2 to 2.30 hrs/day.

NB: Treatments will be fixed only after the consultation with the doctor on arrival.
The pick-up & drop shall be at Trivandrum .

25 % of the total package cost has to be deposited as advance payment, on confirmation of the package, and the balance payment, while in kerala. Payment can be made by Cash/ Cheque / Demand Draft

Mobile Helpline nos:
[09:30 Hrs - 18:00 Hrs IST / 08:00 Hrs - 13:00 Hrs GMT] – **Week days only**
+91 - 999 583 08 32, 999 583 08 33, 999 583 08 34, 999 583 08 35, 944 707 9178, 944 778 3696
[09:30 Hrs - 22:00 Hrs IST / 08:00 Hrs - 18:30 Hrs GMT] – **All days**
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