

# **Kerala Ayurveda Rejuvenation Package – KAP-R05**

**07 Nights / 08 Days Kerala Ayurveda Rejuvenation Package at Coconut Lagoon Resort, Kumarakom**

Day 01

Arrival at Cochin

Transfer to Kumarakom (travel time -140 mins)

Boat transfer to Coconut Lagoon resort

Check into the Resort

Rest & Relaxation

Consultation with the doctor

Overnight stay at the deluxe backwater resort

Day 02

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 03

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 04

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 05

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 06

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 07

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 08

12noon – Checkout of the resort

Transfer to Cochin (travel time -140 mins)

Drop at Airport /railway station

## Departure

**Price** : Rs. 93,850 / EUR 1564 for TWO Persons in an A/c Bungalow /Mansion - For Travel dates till 30 Sep 2011

**Price** : Rs. 67,200 / EUR 1120 for ONE Person in an A/c Bungalow/Mansion - For Travel dates till 30 Sep 2011

**Price** : Rs.1,14,250 / EUR 1904 for TWO Persons in an A/c Private Pool Villa - For Travel dates till 30 Sep 2011

**Price** : Rs. 89,990 / EUR 1500 for ONE Person in an A/c Private Pool Villa - For Travel dates till 30 Sep 2011

The package cost is inclusive of the following:

Accommodation,

Breakfast, lunch & dinner at the resort (Special Ayurveda vegetarian diet) ,

Ayurveda treatments

Boat transfers at resorts

Arrival and departure transfer in an A/c car

All applicable taxes.

The treatment consists of Body massage, Punangadi Kizhi, Pizhichil, Body massage with steam bath etc ..

NB: Treatments will be fixed only after the consultation with the doctor on arrival.

[The pick-up & drop shall be at Cochin \(Kochi\)](#)

25 % of the total package cost has to be deposited as advance payment, on confirmation of the package, and the balance payment, while in Kerala. Payment can be made by Cash/ Cheque / Demand Draft

### **Mobile Helpline nos:**

[ 09:30 Hrs - 18:00 Hrs IST / 08:00 Hrs - 13:00 Hrs GMT ] – **Week days only**

+91 - 999 583 08 32, 999 583 08 33, 999 583 08 34, 999 583 08 35, 944 707 9178, 944 778

3696 [ 09:30 Hrs - 22:00 Hrs IST / 08:00 Hrs - 18:30 Hrs GMT ] – **All days**

+91 - 999 583 08 33, 944 707 91 78