

# **Kerala Ayurveda Rejuvenation Package – KAP-R15**

**14 Nights / 15 Days Kerala Ayurveda Rejuvenation Package at Spice Village Resort, Thekkady (Periyar )**

Day 01

Arrival at Cochin

Transfer to Thekkady (travel time -05 hrs)

Check into Spice Village Resort

Rest & Relaxation

Consultation with the doctor

Overnight stay at the deluxe resort

Day 02

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 03

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 04

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 05

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 06

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 07

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 08

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 09  
Ayurveda Programme  
Day at leisure  
Overnight stay at the deluxe resort

Day 10  
Ayurveda Programme  
Day at leisure  
Overnight stay at the deluxe resort

Day 11  
Ayurveda Programme  
Day at leisure  
Overnight stay at the deluxe resort

Day 12  
Ayurveda Programme  
Day at leisure  
Overnight stay at the deluxe resort

Day 13  
Ayurveda Programme  
Day at leisure  
Overnight stay at the deluxe resort

Day14  
Ayurveda Programme  
Day at leisure  
Overnight stay at the deluxe resort

Day 15  
12noon – Checkout of the resort  
Transfer to Cochin (travel time -05 hrs )  
Drop at Airport /railway station  
Departure

**Price** : Rs. 1,84,000 / EUR 3066 for TWO Persons in an A/c Bungalow /Mansion - For Travel dates till 30 Sep 2011

**Price** : Rs. 1,30,700 / EUR 2178 for ONE Person in an A/c Bungalow/Mansion - For Travel dates till 30 Sep2011

**Price** : Rs.2,22,150 / EUR 3702 for TWO Persons in an A/c Private Pool Villa - For Travel dates till 30 Sep 2011

**Price** : Rs. 1,73,650 / EUR 2894 for ONE Person in an A/c Private Pool Villa - For Travel dates till 30 Sep 2011

The package cost is inclusive of the following:

Accommodation

Breakfast , lunch & dinner at the resort (Special Ayurveda vegetarian diet ) ,  
Ayurveda treatments

Arrival and departure transfer in an A/c car

All applicable taxes .

The treatment consists of Body massage, Punangadi Kizhi, Pizhichil, Body massage with steam bath etc.

NB: Treatments will be fixed only after the consultation with the doctor on arrival.

[The pick-up & drop shall be at Cochin \(Kochi\)](#)

25 % of the total package cost has to be deposited as advance payment, on confirmation of the package, and the balance payment, while in kerala. Payment can be made by Cash/  
Cheque / Demand Draft

**Mobile Helpline nos:**

[ 09:30 Hrs - 18:00 Hrs IST / 08:00 Hrs - 13:00 Hrs GMT ] – **Week days only**

+91 - 999 583 08 32, 999 583 08 33, 999 583 08 34, 999 583 08 35, 944 707 9178, 944 778  
3696

[ 09:30 Hrs - 22:00 Hrs IST / 08:00 Hrs - 18:30 Hrs GMT ] – **All days**

+91 - 999 583 08 33, 944 707 91 78