

Kerala Ayurveda Spine & Neck Care Package – KAP-SN05

14 Nights / 15 Days Kerala Ayurveda Spine & Neck Care Package at Lake Song Resort, Kumarakom

Day 01

Arrival at Cochin

Transfer to Kumarakom (travel time -140 mins)

Check into Lake Song Resort

Rest & Relaxation

Consultation with the doctor

Overnight stay at the deluxe backwater resort

Day 02

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 03

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 04

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 05

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 06

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 07

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe backwater resort

Day 08

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe backwater resort

Day 09

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe backwater resort

Day 10

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe backwater resort

Day 11

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe backwater resort

Day 12

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe backwater resort

Day 13

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe backwater resort

Day 14

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe backwater resort

Day 15

12noon – Checkout of the resort

Transfer to Cochin (travel time -140 mins)

Drop at Airport /railway station

Departure

Price : Rs. 2,63,700 / Euro 4395 for TWO Persons in an A/c Punnamada Room - For Travel dates till 30 Sep 2011

Price : Rs.1,76,400 / Euro 2940 for ONE Person in an A/c Punnamada Room - For Travel dates till 30 Sep 2011

Price : Rs.2,79,100/ Euro 4652 for TWO Persons in an A/c Ashtamudi Room - For Travel dates till 30 Sep 2011

Price : Rs.1,91,800 / Euro 3197 for ONE Person in an A/c Ashtamudi Room - For Travel dates till 30 Sep 2011

Price : Rs.2,94,500 / Euro 4909 for TWO Persons in an A/c Vembanad cottage - For Travel dates till 30 Sep 2011

Price : Rs. 2,07,200 / Euro 3453 for ONE Person in an A/c Vembanad cottage - For Travel dates till 30 Sep 2011

The package cost is inclusive of the following :

Accommodation

Breakfast , lunch & dinner at the resort (Special Ayurveda vegetarian diet) ,

Ayurveda treatments

Arrival and departure transfer in an A/c Car

All applicable taxes .

The treatment consists of Neck Massage, Back Massage, General Massage etc

NB: Treatments will be fixed only after the consultation with the doctor on arrival.

[The pick-up & drop shall be at Cochin \(Kochi \)](#)

25 % of the total package cost has to be deposited as advance payment, on confirmation of the package, and the balance payment, while in kerala. Payment can be made by Cash/ Cheque / Demand Draft

Mobile Helpline nos:

[09:30 Hrs - 18:00 Hrs IST / 08:00 Hrs - 13:00 Hrs GMT] – **Week days only**

+91 - 999 583 08 32, 999 583 08 33, 999 583 08 34, 999 583 08 35, 944 707 9178, 944 778 36 96

[09:30 Hrs - 22:00 Hrs IST / 08:00 Hrs - 18:30 Hrs GMT] – **All days**

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