

Kerala Ayurveda Spine & Neck Care Package – KAP-SN07

13 Nights / 14 Days Kerala Ayurveda Spine & Neck Care Package at Cardamom County Resort, Thekkady (Periyar)

Day 01

Arrival at Cochin

Transfer to Thekkady (travel time -05 hrs)

Check into Cardamom County Resort

Rest & Relaxation

Consultation with the doctor

Overnight stay at the deluxe resort

Day 02

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 03

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 04

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 05

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 06

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 07

Ayurveda Programme

Day at leisure

Overnight stay at the deluxe resort

Day 08

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe resort

Day 09

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe resort

Day 10

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe resort

Day 11

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe resort

Day 12

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe resort

Day 13

Treatment as suggested by the doctor

Day at leisure

Overnight stay at the deluxe resort

Day 14

12noon – Checkout of the resort

Transfer to Cochin (travel time -05 hrs)

Drop at Airport /railway station

Departure

Price : Rs. 1,53,400/ Euro 2557 for TWO Persons in Periyar Cottage -For Travel dates till 31 July 2011

Price : Rs. 1,92,650 / Euro 3211 for ONE Person in Periyar Cottage -For Travel dates till 31 July 2011

Price : Rs. 1,99,800 / Euro 3330 for TWO Persons in Periyar Cottage -For Travel dates till 30 Sep 2011

Price : Rs. 1,60,550/ Euro 2676 for ONE Person in Periyar Cottage -For Travel dates till 30 Sep 2011

The package cost is inclusive of the following :

Accommodation

Breakfast, lunch & dinner at the resort (Special Ayurveda vegetarian diet),

Ayurveda treatments

Arrival and departure transfer in an A/c Car

All applicable taxes.

The treatment consists of Thalam , Abhyangam , Medicated Steam Bath , Sarvoushada Snanam, Pizhinju thadaval , Greeva Vasthi , Oushada Snanam, Mrudu Vrechenam, Punnakaadi kizhi ,Steam Bath etc

NB: Treatments will be fixed only after the consultation with the doctor on arrival.
The pick-up & drop shall be at Cochin (Kochi)

25 % of the total package cost has to be deposited as advance payment, on confirmation of the package, and the balance payment, while in kerala. Payment can be made by Cash/ Cheque / Demand Draft

Mobile Helpline nos:

[09:30 Hrs - 18:00 Hrs IST / 08:00 Hrs - 13:00 Hrs GMT] – **Week days only**

+91 - 999 583 08 32, 999 583 08 33, 999 583 08 34, 999 583 08 35, 944 707 9178, 944 778 36 96

[09:30 Hrs - 22:00 Hrs IST / 08:00 Hrs - 18:30 Hrs GMT] – **All days**

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